

Michel Giguère
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Objet : Coach

To whom it may concern,

It is with great interest and enthusiasm that I present my candidature for coach. My experience as head coach in previous years allowed me to analyze and understand all the tools needed to run a hockey team. I had the opportunity to be a member of the coaching staff for the U17 Combine with Team Quebec as assistant coach. I am proud to say we won the silver medal. In 2013-2014, I was assistant coach for U15 Team Quebec White, head coach for U15 Summer Camp with Hockey Quebec and assistant coach for Quebec Games. I led my team as head coach in Saguenay through 5 tournament, where we were the final 4 teams remaining 3 times. I got a contract with Val D'Or to be a part time scout last year.

My strengths are how to approach a player, I'm very attentive to the players needs and use my knowledge in sports psychology to address a matter weather positive or negative. I have a direct and cunning approach in analyzing a player. I always search for solutions to better myself as a coach. Being always in search of solutions and to be a better coach, I have completed my NCCP4 for the National Institute Of The Sport and I am now a certified NCCP4 which will solidify my knowledge even further. I am a perfectionist with optimum dedication towards my goals. This year, I completed all the required training course given by Hockey Quebec, through which I achieved the highest level of coaching in Quebec.

I am an energetic and relentless man with emotional self-control. My goal is to make sure every player that I'm responsible for is progressing and giving his all. My main purpose in coaching is to assure the player reach his highest athletic potential level in order to achieve success.

In the meantime, please receive, the expression of my best regards.

Michel Giguère

Coach History

Head Coach Midget Espoir Espoir Saguenay-Lac-St-Jean	2014-Present
Scout for Foreurs de Val D'Or LHJMQ	2014-Present
Member of the Development Committee Hockey Saguenay-Lac-St-Jean	2015-Present
Supervisor Master-Coach Hockey Quebec & Hockey Saguenay Lac-St-Jean	2014-Present
Assistant Coach MAAA Cantonniers de Magog	2013-2014
Master Coach AHM Saguenay	2014-Present
Scout for Hockey Prospect NHL, QMJHL, OHL, WHL, LHMAAAQ	2013-2014
Assistant Coach Avalanche ESVD, Bantam AA	2012-2013
Assistant Coach Sport Etude (Ice & OffIce) Avalanche ESVD, Bantam AA & Pee-Wee AA	2012-2013
Assistant Coach Vics Granby, Bantam CC	2012-2013
Assistant Coach Vics Granby, Atome BB	2012-2013
Master Coach AHM Chambly	2012-2014
Head Coach Patriotes du Richelieu, Pee-Wee AA	2011-2012
Assistant Coach Sport-Études Dynamiques du CCL, Bantam AA	2011-2012
Coach Hockey & Off Ice Centre de développement de hockey PST	2011-2012
Assistant Coach Avalanche Yamaska-Missisquoi, Pee-Wee AA	2009-2011
Off Ice Coach Avalanche Yamaska-Missisquoi, Pee-Wee AA	2009-2011

Assistant Coach Sport-Études Sport-Études ESVD, Bantam AA	2010-2011
Assistant Coach Sport-Études Massey Vanier, Haute-Ville	2010-2011
Assistant Coach Avalanche Yamaska-Missisquoi, Midget AA	2010-2011
Assistant Coach North Stars de La Prairie, Senior (LHSR)	2007-2009

National Tournaments

Head Coach U15 Hockey Quebec Team Quebec Green	2015
Head Coach Jeux Du Quebec U15 Saguenay-Lac-Saint-Jean	2015
Assistant Coach Team Quebec U17 LHJMQ Combine Team Quebec Blanc (Silver)	2014
Groupe Leader Team Quebec U16 Canada Games	2014-2015
Assistant Coach Team Quebec U15 Team Quebec Blanc	2013-2014
Head Coach Coupe Quebec U13 Estrie, Structure Intégré Cantonniers de Magog	2012
Assistant Coach Jeux du Québec U15 Yamaska-Richelieu	2013
Assistant Coach U14 Estrie, Structure Intégré Cantonniers de Magog (Gold)	2010-2011

Hockey School

Hockey School Montreal Canadien Coach	2014
Hockey School Power Skating Julie Robitaille Coach	2014
Hockey School Hockey Jonquiere Coach	2014-Present

Hockey School Espoir Saguenay Coach	2014-Present
Hockey School Rio-Volution Coach MESP to Pro	2014
Hockey School in Granby Joueurs PWAA à ECHL	2012-2014
Coach Hockey School ESVD Avalanche Yamaska Missisquoi, High School Verbe Divin	2012
Coach Hockey & Off Ice École de hockey Game Face	2010-2011

Achievements Hockey

Midget Espoirs

- Bronze medal Coupe Dodge
- Bronze medal La Baie Tournament
- 4th place La Baie Tournament

MAAA

- Champion Reebok Division
- Trophy Mario Gosselin (Lowest goal against in the season)
- Final four playoff

U17

- Silver medal

U14

- Gold medal

Bantam AA

- Champion Europe Tournament

Pewee AA

- Champion of season
- Champion of playoff Estrie
- Champion of playoff Mauricie
- Finalist playoff regional
- Champion Magog Tournament
- Finalist BSR Tournament
- Finalist Waterloo Tournament

Senior

- Champion of season 2 times

Certificate of Formation

Coaching Seminard Increase Skills, Convey Passion Hockey Quebec	2015
Diploma Advanced Studies in Training (NCCP Level-4)	2014-2015
NHL Coache's Clinic Philadelphia	2014
Holder for Hockey Quebec Formation	2014
AMA Certificat Programme Antidopage Entraîneur Franc Jeu	2014
Annual training formation Initiation Hockey Québec	2014
Coach Day, Centre Bell, Montreal Canadien	2013
Conference Martin Raymond (LHJMQ)	2013
High Performance 1	2013
Advanced training course AA-AAA, Hockey Québec	2013
Advanced training course Initiation Québec, Hockey Québec	2013
Advanced training course AA Trois-Rivières Hockey Québec	2012
Certification Master Coach	2012
Certification Initiation Coach	2012
Sport Nutrition Level 2 (Coach Export)	2012
PNCE 3	2011
Advanced training course AA Trois-Rivières Hockey Québec	2011
Physic Contact Hockey Québec – Hockey Richelieu	2011
Seminar on the concussions by Hockey Canada	2011
Coach Day, Centre Bell, Montreal Canadien	2011
Advanced training course AA Trois-Rivières Hockey Québec	2010
Certification Plyometric (Coach Export)	2010
Certification Intro à la compétition 1 (1C1Q)	2009
Certification Respect and Sport (RIS)	2009
Advanced training course AA Drummondville Hockey Québec	2009
Certification Recreation Coach	2008
Certification Safety Hockey	2008

Formation to come

Master Learning Facilitator (Checking Skills) Hockey Quebec	2016
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Other

Double Champion Canadian of Power lifting
2009-2010
Junior & Senior (Bench Press) (CPA)

Reference

Dominic Boucher, C.C.L. MAAA Assistant Coach/Goalie Coach
Iberville, Qc
1-514-464-4697

Yves Archambault, Technical Director Hockey Quebec
1-514-252-3079 #3554

Sylvain Rodrigue, Assistant Goalie Coach Edmonton Oilers NHL
1-780-405-0045